



Coach Mentorship Program Practice Observation & Feedback - Part II

Coach Self-Assessment
 Coach Observation - Observer: _____

COACH: _____ DATE: _____
 LOCATION: _____ TEAM: _____

RATING SCALE: 3 - Above Expectations 2 - Meets Expectations 1 - Needs Work N/A - Not Applicable

PRE-PRACTICE PREPARATION

	3	2	1	N/A
Objectives: - Have identified specific technical and tactical objectives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization: - Pre-ice presentation, preparation of assistant(s) - Equipment required	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Practice Outline: - Clear & organized plan, including diagrams (where necessary) - Warm-up and cool-down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Components of Yearly Plan: - Practice plan fits into seasonal plan - Objectives and drill progressions relate to previous practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PRACTICE

	3	2	1	N/A
Use of Drills: - Full/maximum participation - Drills aid in teaching skills & tactics effectively - Drill progressions from simple to complex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teaching Techniques: - Allowed time for teaching and demonstrations - Demonstrations are effective & appropriate - Effective use of voice and body language	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Error Correction: - Immediate and appropriate feedback - Repetition of drills where necessary	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rapport with Players: - Positive Communicator - Non-threatening, relaxed atmosphere - Evidence of player enjoyment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization: - Use full ice surface when necessary & appropriate - Attention to risk management - Follow practice outline - Use of on-ice assistant(s) - support personnel	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

REFLECTION

3 THINGS THAT WENT WELL:	3 THINGS TO IMPROVE ON:
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____

NOTES