



## INFORMATION BULLETIN

BULLETIN #: 250307-044-I  
DATE: 7 March 2025  
TO: OMHA Associations; OMHA Leagues  
CC: OMHA Board; OMHA Convenors  
FROM: Ian Taylor – Executive Director  
**SUBJECT: U9 & BELOW AND U21 PROGRAMMING UPDATES**

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In light of the changing landscape across minor hockey in Ontario, including the recently announced changes to OHF Regulations regarding Player Movement, the Ontario Minor Hockey is providing additional direction regarding U9 and below programming and U21 programming.

The changes to OHF Regulations affected U10 through U18 Representative programming only. Accordingly, there was a need to confirm the options and opportunities for players outside these age divisions and categories.

### **U9 & Below MD Programming**

Effective the 2025-26 season, Players resident to the OMHA wishing to participate in U9 and below MD programming are eligible to attend evaluations and be rostered with any MD team within the OMHA.

In addition, Player Evaluations for U8 and U9 MD teams will be permitted to take place in the Spring with beginning **Saturday 12 April 2025**. These evaluations may take place over a **14-day window**.

Please see enclosed OHF bulletin for additional direction, information and support materials.

### **U21 Representative Programming**

Effective the 2025-26 season, Players resident to the OMHA wishing to participate in U21 Representative programming are eligible to attend evaluations and be rostered with any U21 Representative team within the OMHA.

Please contact your Regional Director should you have any questions or require additional clarification.

# ONTARIO HOCKEY FEDERATION

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## OHF Bulletin

To: OHF Minor Members, Minor Hockey Associations  
From: Phillip McKee – Executive Director  
Date: 2025-03-07  
Re: U9 Spring Evaluations Update  
Bulletin ID: 25-008

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The OHF would like to inform Members that spring evaluations for U9 & U8 Minor Development (MD) and Select hockey (highest tier within the Member) can begin at the direction of each Member, starting as early as the first day after their Member's U7 and U9 programming is complete for the 2024-25 season and can extend for 14 days from that date

### Seasonal Structure for Programming

The seasonal structure for U9 & U8 programming will remain consistent with U11 seasonal structure, including programming over the summer and development phases, ensuring continuity and support for players' growth. Please refer to Appendix A for the U11 seasonal calendar.

### Half Ice Programming

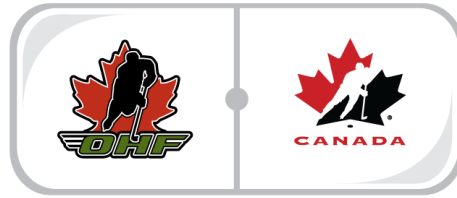
There are no changes to half-ice programming for U9 & U8 players. The OHF is committed to delivering a comprehensive plan that focuses on both skill development and game-based activities throughout the entire year, tailored to meet the needs of players at U9 based on their individual development needs.

### Coach Education and Support

As part of our commitment to player development, the OHF will host information sessions aimed at Association representatives and coaches to provide information on the key focus areas of the U9 & U8 age group.

### Resources

- [Appendix B: Benefits of Half-Ice Hockey](#)
- [U9 Player Pathway](#)
- [U9 Preparation Phase Ice Sessions](#)
- [U9 Player Evaluation / Selection](#)



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- U9 Development Phase and In-Season Skills Matrix will be developed and distributed to Associations and Coaches before the start of next season.

### Ongoing Review

The OHF will continue to work with representatives of the Members to assess and evaluate the half-ice programming, and will provide updates should any changes be made to the U9 and U8 divisions in the future.

Thank you for your attention. We look forward to a successful season of development for all players!

OHF Members





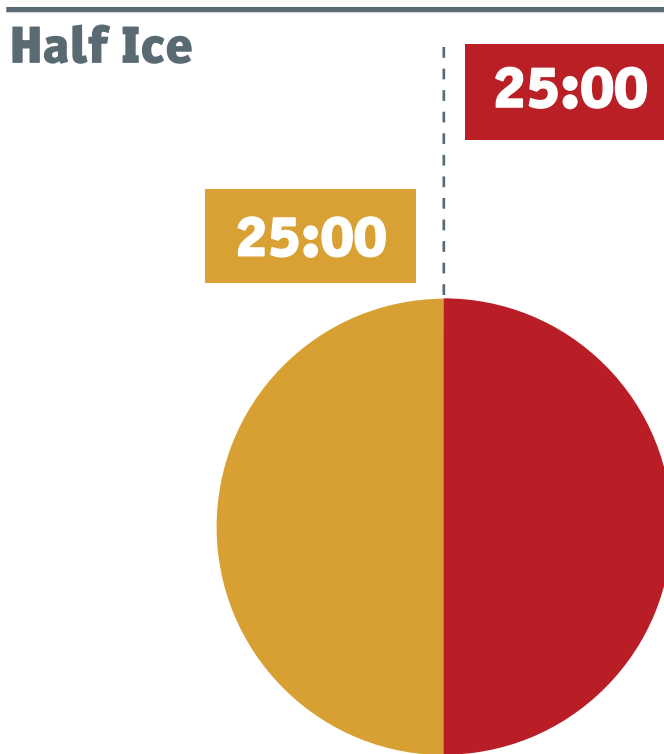
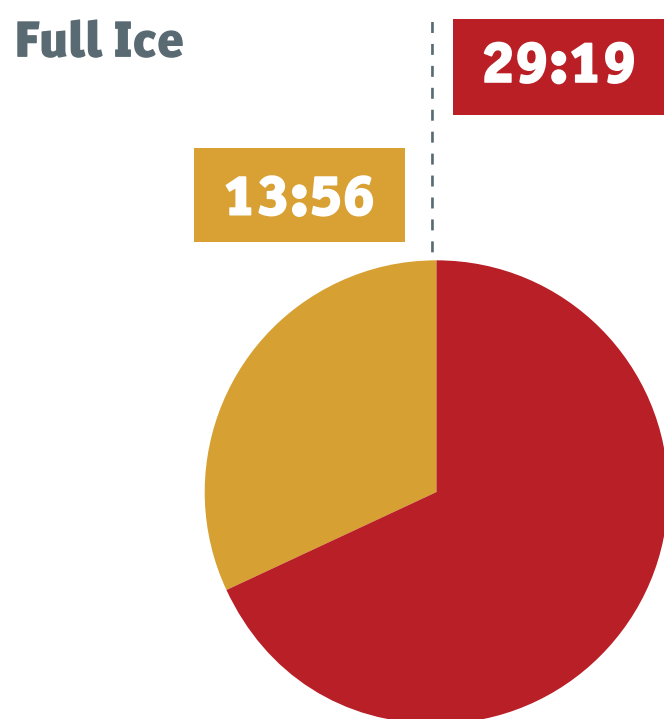
# ONTARIO HOCKEY FEDERATION

Appendix A

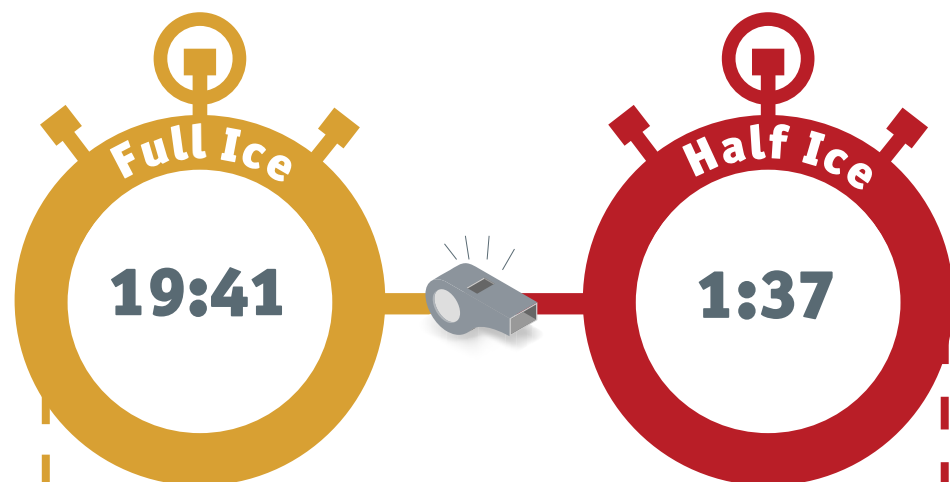
U11 Seasonal Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Approximately 6-7 week period						End of June
Limited (1-2 times per week) programming focused on skill development with teams						
July						August
No Sanctioned Team based activities allowed						
August	3 Weeks					Labour Day Weekend
Associations and Members can provide sanctioned individual skills training or hockey schools that operate based on Regulation G4(b)					Team based team builders no exhibition games week prior to Labour Day	No programming
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Labour Day	U11 and above Development Phase Begins					
Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13
Day 14	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20
				U11 and above Tournaments may begin.		
Day 21	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27

## AVERAGE TIME ON ICE VS. AVERAGE TIME ON BENCH



## AVERAGE ACCUMULATED TIME OF BREAKS IN GAMEPLAY



## AVERAGE NUMBER OF BREAKS IN GAMEPLAY

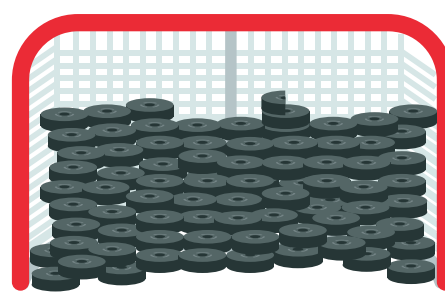
**x31**

- Faceoffs
- Goals
- Saves
- Offside
- Icing
- Penalties

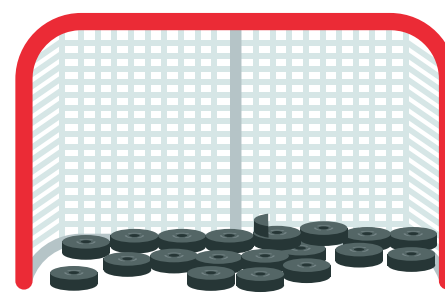
**x4**

Average break in gamplay:  
**35 Seconds**

## AVERAGE SHOTS ON GOAL

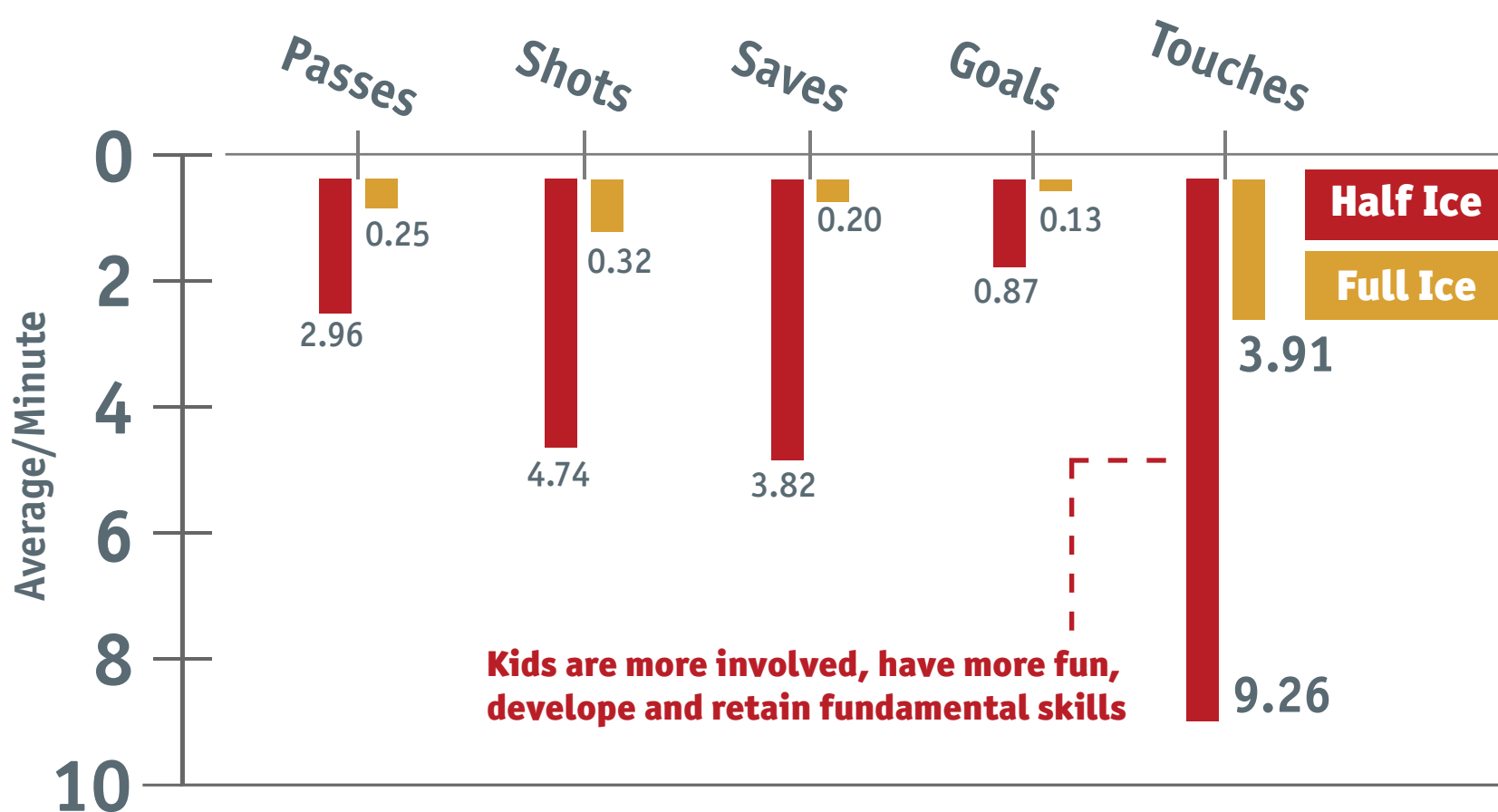
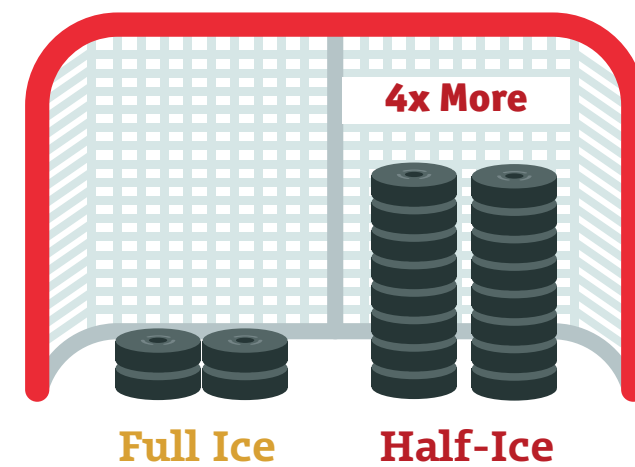


**78.5**



**19.2**

## SHOTS PER PLAYER



## AVERAGE NUMBER OF DEKE ATTEMPTS

Number of times players need to handle the puck in traffic



"You have to be able to make plays in pretty small areas. The more you practice in small spaces the better off you are."

- Sidney Crosby, Canadian National Men's Team



- Brianne Jenner, Canada's National Women's Team

"You need to be able to make quick passes and have quick communication. Small area games are important."